



# **International Journal of Indian Medicine**

[www.ijim.co.in](http://www.ijim.co.in)



# IJIM

**OCT 2020**



# International Journal of Indian Medicine

Access the article  
online



## Critical Study of *Graha* (Planet) *Dhatu* (Tissue) Relationship And Diseases Caused By Them In Ayurveda & Jyotish Science

Subhash D. Waghe<sup>1</sup>

1. HOD – Dept. of Roga Nidana & Vikruti Vigyana, Jupiter Ayurvedic College, Nagpur, India

**Abstract:** Ayurveda and Jyotish science are complimentary to each other and have incorporated concepts of each other. The review of Jyotish literature had showed that malefic planets causes specific diseases based upon their position in particular horoscope. It is observed that the planets also represent the particular dhatus mentioned in Ayurveda (Surya = Asthi, Chandra = Rakta, Mangal = Majja, Budha = Rasa, Guru = Meda, Shukra = Shukra, Shani = Mamsa). The review of Ayurvedic literature showed that there are seven dhatus viz. *Rasa* (Plasma), *Rakta* (Blood), *Mamsa* (Muscles), *Meda* (Fat), *Asthi* (Bones), *Majja* (Bone marrow and nervous tissue) and *Shukra* (Semen with sperms) which forms the various tissue of the body and supports the body. In Ayurveda they are also called as ‘*Dooshyas*’ as they get vitiated by *doshas*. Ayurveda had described the *Dhatu dushtijanya* diseases. Attempt has been made to study the interrelation between *Graha* induced diseases and *Dhatu dushtijanya* diseases. It is concluded that there exists a definite interrelationship between malefic *Graha* induced diseases mentioned in Jyotish science and *Dhatu dushtijanya* diseases mentioned in Ayurvedic science.

**Keywords:** Malefic *Graha* induced diseases, *Dhatu dushtijanya* diseases

### Corresponding Author:

**Dr. Subhash D. Waghe**, M.D.(Roga Nidana)  
HOD – Dept. of Roga Nidana & Vikruti Vigyana  
Jupiter Ayurvedic College, Nagpur – 441 108  
E-mail – [carenidan@rediffmail.com](mailto:carenidan@rediffmail.com) (contact no. 7038000648)



**How to cite this article:** Waghe S.D. Critical Study of *Graha* (Planet) *Dhatu* (Tissue) Relationship And Diseases Caused By Them In Ayurveda & Jyotish Science. Int. J Ind. Med. 2020;1(7):237-252

**INTRODUCTION:**

The review of Jyotish literature had showed that malefic planets causes specific diseases based on their position in particular horoscope. It is observed that the planets also represent the particular dhatus mentioned in Ayurveda (*Surya = Asthi, Chandra = Rakta, Mangal = Majja, Budha = Rasa, Guru = Meda, Shukra = Shukra, Shani = Mamsa*). The review of Ayurvedic literature showed that there are seven dhatus viz. *Rasa* (Plasma), *Rakta* (Blood), *Mamsa* (Muscles), *Meda* (Fat), *Asthi* (Bones), *Majja* (Bone marrow and nervous tissue) and *Shukra* (Semen with sperms) which forms the various tissue of the body and supports the body. In Ayurveda they are also called as 'Dooshyas' as they get vitiated by doshas. Ayurveda had described the *Dhatu dushtijanya* diseases. Attempt has been made to study the interrelationship between *Graha* induced diseases and *Dhatu dushtijanya* diseases.

**MATERIAL & METHOD**

Literary analytical and observational method of research was adopted in the present study. Critical and comparative study of Ayurvedic literature and Jyotish science literature was done to come to rational conclusion.

**REVIEW OF LITERATURE****Review of Ayurvedic Literature****Rasa Dhatu Dushti Janya Diseases**

*Rasa Dhatu Dushti Janya* diseases are *Ashraddha* (Aversion towards food), *Aruchi* (Anorexia), *Asya Vairasyam* (Change of mouth taste), *Hrullas* (Nausea), *Arasgyat* (Loss of taste), *Gauravam* (Stiffness in body), *Angamarda* (Bodyache), *Tandra* (Drowsiness), *TamaHa* (Fainting), *Jwara* (Fever), *Pandutwam* (Pallor), *Strotasam Rodha* (systemic Obstructions), *Klaibyam* (Impotence), *Sada* (fatigue), *Krishna Angata* (wasting), *Nasho AgneHe*, (Anorexia), *Ayatha Kalam Walay* (Untimely wrinkles), *Ayatha Kalam Palitani* (Untimely graying of hairs).<sup>[1]</sup>

**Rakta Dhatu Dushti Janya Diseases**

*Rakta Dhatu Dushti* vitiated diseases are *Asrukdara* (Menorrhagia), *Guda Pakaha* (Anal Abscess), *Medhrraha Pakaha* (Urethral abscess), *Kushtha* (Skin diseases), *Visarpa* (Erysipels), *Pidaka* (Boils), *Raktapittam* (Hemolysis), *Aasya Pakaha* (Mouth abscess), *Pleeha vrudhhi* (Spleeno-megaly), *Raktaj Gulma* (Hematometra), *Vidradhi* (Abscess), *Nilika* (Bluish discoloration), *Kamala* (Hemolytic jaundice), *Vyanga* (Chloasma), *Tilakalaka* (Moles), *Dadru* (Ringworm), *Charmadala* (Psoriasis), *Shwitram* (Vitiligo), *Kotha* (Urticaria), *Pama* (Scabies)<sup>[2]</sup> and *Astramandalam* (Echymosis).

**Mamsa Dhatu Dushti Janya Diseases**

*Meda Dhatu Dushti Janya* diseases are *AdhiMamsa* (Gum Malignancy), *Arbuda* (Malignant tumour), *Keela* (Corn), *Gala Shaluka* (Adenoidal Growth), *Gala Shundika* (Uvular malignancy), *Puti Mamsa* (Muscular Suppuration), *Alaji* (Cyst), *Ganda* (Tumour), *Gandamala* (Lymphadenitis), *Upjivhika* (Ranula). [3]

**Meda Dhatu Dushti Janya Diseases**

*Meda Dhatu Dushti Janya* diseases are *Granthi* (Cyst), *Vruddhi* (Growth), *Galaganda* (Goitre), *Arbuda* (Tumour), *Medoj Aushthaprakopa* (Lip lipoma), ***Madhumeha* (Diabetes), *Ati Sthaulya* (Obesity), *Ati Sweda* (Sweating).** [4]

**Asthi Dhatu Dushti Janya Diseases**

*Asthi Dhatu Dushti Janya* diseases are *Adhi Aasti* (Extra bones), *Adhi Dantau* (Extra Tooth), *Asthi Bhedam* (Arthralgia), *Danta shoolam* (Dental pain), *Vivarnata* (Discolouration), *Kesha Dosha* (Hair disorders such as alopecia), *Nakha Dosha* (Nail problems such as brittleness). [5]

**Majja Dhatu Dushti Janya Diseases**

*Asthi Dhatu Dushti Janya* diseases are *Ruk Parwanam* (Joint pain), *Bhramo* (Vertigo), *Murchha* (Fainting), *Adarshanam* (Syncope), *Arunsham Parwajanam* (Tophies on joints). [6]

**Shukra Dhatu Dushti Janya Diseases**

*Shukra Dhatu Dushti Janya* diseases are *Klaibya* (Impotence), *Aharshanam* (Loss of libido), *Rogi Wa Virupam* (children affected with genetic defects), *Alpa Ayu Prajayate* (children are short lived), *Prastravati Patati* (Miscarriage & Abortions), *Na Jayate Garbha* (Infertility), *Klibam Prajayate* (Impotency in children), *Apatyam Badhate* (infertility in children), *Daurbaly* (Weakness), *Shrama* (Fatigability), *Pandutwa* (Pallor), *Mukhashosha* (Atrophy of cheeks), *Shukra Avisarga* (Ejaculatory failure). [7]

**Review of Jyotish science Literature****Interrelationship of Dhatus And Grahas**

The Rasa dhatu is ruled by planet *Budha* (Mercury). The *Rakta dhatu* is ruled by planet *Chandra* (Moon). The *Mamsa dhatu* is ruled by planet *Shani* (Saturn). The *Meda dhatu* is ruled by planet *Guru* (Jupiter). The *Asthi dhatu* is ruled by planet *Surya* (Sun). The *Majja dhatu* is ruled by planet *Mangal* (Mars). The *Shukra dhatu* is ruled by planet *Shukra* (Venus). [8]

**Diseases caused by Grahas****Diseases Due to Malefic Surya (Sun)**

The diseases due to malefic effects of Sun are *Jwara* (fever), *Patan* (fall from height/Traumatic disease), *Apasmara* (epilepsy), *Hritroga* (heart disorders), *Krod Rogas*, (liver diseases) *Druk Rogas* (Eye

diseases), *Twak /Kushtha dosham* (skin diseases), *Asthi vikara* (bone disorders), *Bhuta avesha* (microbial infections), *Visha Vikara* (Poisoning)<sup>[9] [10]</sup>

#### Diseases Due to Malefic Chandra (Moon)

The diseases due to malefic effects of Moon are *Nidra* (sleepiness), *Aalasya* (lassitude), *Kapharoga* (hyperlipidimic states), *Agnimandya* (decreased in appetite), *Atisara* (loose motions), *Pitaka* (papule, boil), *Sheeta Jwara* (fever with chill), *Kamala* (Jaundice), *Rakta-Vikara* (blood disorders), *Kushata* (skin diseases), *Balagraha* (microbial infections).<sup>[11][12]</sup>

#### Diseases Due to Malefic Mangal (Mars)

The diseases due to malefic effects of Mangal (Mars) are, *Trishna* (thirst), *Rakta Prakopa* (vitiation of blood), *Pitta Jwara* (Inflammatory fevers), *Kushtha* (skin diseases), *Netra Roga*, (eye diseases) *Gulma* (tumours), *Apasmara* (epilepsy), *Parushta* (dryness), *Deha-bhanaga* (fractures), *Raksha Gandharva Graha Rogas* (microbial infections of blood and bone marrow).<sup>[13] [14]</sup>

#### Diseases Due to Malefic Budha (Mercury)

The diseases due to malefic effects of Budha (Mercury) are *Bhranti* (vertigo), *Netra Vikara* (Eye diseases), *Gala Vikara* (Throat diseases), *Ghrana Vikara* (Nasal diseases), *Jwara* (fever),

*Pitta-Kaphaj Vikara*, *Pandu* (anemia), *Twacha Vikara* (skin diseases), *Vicharchika* (eczema), *Gandharva Graha Pida* (microbial infections of Ear Nose Throat).<sup>[15] [16]</sup>

#### Diseases Due to Malefic Guru (Jupiter)

The diseases due to malefic effects of Guru (Jupiter) are *Gulma* (abdominal tumour), *Antra Jwara* (enteric fever), *Kapha Rogas* (hyperlipidimic diseases), *Shrotra Rogas* (diseases of Ear), *Prameha* (diabetes), *Shoka* (depression), *Kinnar Yaksha Deva Graha Pida* (microbial infections of gastrointestinal tract).<sup>[17] [18]</sup>

#### Diseases Due to Malefic Shukra (Venus)

The diseases due to malefic effects of Sun are *Kapha-Vataj Rogas*, *Pandu* (anemia), *Netra Vikara* (Ophthalmic diseases), *Aasya Vikara* (diseases of mouth), *Shrama* (fatigue), *Guhya Rogas* (genital disorders), *Mutrakrichhra* (dysuria), *Shukra Struti* (premature ejaculations), *Yogini Matraka Graha Pida* (microbial infections of genito-urinary tract). As per Gadavali, the malefic Shukra also leads to *Ganikottha vikara* (sexually transmitted diseases), *Pandu* (anemia), *Prameha* (polyuria), *Shosha* (emaciation) apart from above said diseases.<sup>[19] [20] [21]</sup>

#### Diseases Due to Malefic Shani (Saturn)

The diseases due to malefic effects of Shani (Saturn) are Vata-Kaphaj Vikara, *Tandra* (drowsiness), *Shrama* (fatigue), *Bhranti* (vertigo), *Kukshi Ruk* (pain in loins), *Pishacha Graha Pida* (microbial infections of muscles, bones and brain). As per Gadavali, malefic Shani also leads to *Sandhirogas* (joint disorders), *Guhya roga* (undiagnosable diseases), *shwas rogas* (breathing disorders) apart from above said diseases.<sup>[22] [23] [24]</sup>

#### **Diseases Due to Malefic Rahu & Ketu (Dragon's head & Tail)**

The diseases due to malefic effects of Rahu and Ketu are *Tapa kara/Jwara* (fever), *Kushtha* (skin diseases), *Visha* (poisoning), *Pishach*, *Preta*, *Sarpa Graha Badha* (microbial infections).<sup>[25] [26] [27]</sup>

#### **Understanding Disease Potential of Grahas**

The disease causing potential of *grahas* should be decided from their position in 6<sup>th</sup>, 8<sup>th</sup>, and 12<sup>th</sup> houses of the birth chart.

#### **Clinical Application of Graha Dhatu Disease Concept As Per Jyotisha**

The diseases caused by vitiation of dhatus gets alleviated by worshipping that particular *dhatu* related planet with *Japa* (enchanting the *Graha Mantra*), *Tarpana* (offering the water and food to the *Graha*), *Homa* (Paying oblations to the *Graha*), *Dana* (Paying donations to the *Graha*).

In Ayurveda, diseases caused by vitiation of *dhatus* are treated with various drugs. In case of failure to drug therapy then above said Jyotishokta measures are adopted as a part of 'Daiva Vyapashraya' treatment.<sup>[28]</sup>

### **OBSERVATIONS**

**Table no. 1 Interrelationship Between Grahas & Dhatus**

| Sr | Grahas (Planets)       | Representative Dhatu (Tissue)                 |
|----|------------------------|-----------------------------------------------|
| 1  | <b>Surya</b> (Sun)     | <b>Asthi</b> (Bones and cartilages, Dentures) |
| 2  | <b>Chandra</b> (Moon)  | <b>Rakta</b> (Blood)                          |
| 3  | <b>Mangal</b> (Mars)   | <b>Majja</b> (Bone marrow, Brain tissue)      |
| 4  | <b>Budha</b> (Mercury) | <b>Rasa</b> (Blood Plasma)                    |
| 5  | <b>Guru</b> (Jupiter)  | <b>Meda</b> (Fat/Lipids/Adipose/Cholesterol)  |
| 6  | <b>Shukra</b> (Venus)  | <b>Shukra</b> (Semen with Sperm)              |
| 7  | <b>Shani</b> (Saturn)  | <b>Mamsa</b> (Muscles/Ligaments)              |

**Table no. 2 Interrelationship of Graha Rogas & Dhatu Pradoshaj Rogas**

| Sr | Budha Graha Rogas<br>As Per Jyotish    | Rasa Dhatu Pradoshaj Rogas<br>As Per Ayurveda    |
|----|----------------------------------------|--------------------------------------------------|
| 1  | <b>Pandu (anemia)</b>                  | <b>Pandutwam (Pallor)</b>                        |
| 2  | <b>Jwara (fever)</b>                   | <b>Jwara (Fever)</b>                             |
| 3  | <b>Twacha Vikara (skin diseases)</b>   | <i>Ashraddha</i> (Aversion towards food)         |
| 4  | <i>Vicharchika</i> (eczema)            | <i>Aruchi</i> (Anorexia)                         |
| 5  | <b>Pitta-Kaphaj Vikara,</b>            | <i>Asya Vairasyam</i> (Change of mouth taste)    |
| 6  | <i>Bhranti</i> (vertigo)               | <i>Hrullas</i> (Nausea)                          |
| 7  | <i>Netra Vikara</i> (Eye diseases)     | <i>Arasgyata</i> (Loss of taste)                 |
| 8  | <i>Gala Vikara</i> (Throat diseases)   | <i>Nasho AgneHe</i> (Anorexia)                   |
| 9  | <i>Ghrana Vikara</i> (Nasal diseases)  | <i>Gauravam</i> (Stiffness in body)              |
| 10 | <i>Gandharva Graha Pida</i> (microbial | <i>Angamarda</i> (Bodyache)                      |
| 11 | infections of Ear Nose Throat).        | <i>Tandra</i> (Drowsiness)                       |
| 12 |                                        | <i>TamaHa</i> (Fainting)                         |
| 13 |                                        | <i>Strotasam Rodha</i> (systemic Obstructions)   |
| 14 |                                        | <i>Klaibyam</i> (Impotence)                      |
| 15 |                                        | <i>Sada</i> (Easy fatiguability)                 |
| 16 |                                        | <i>Krishna Angata</i> (wasting)                  |
| 17 |                                        | <i>Ayatha Kalam Walay</i> (Untimely wrinkles)    |
| 18 |                                        | <i>Ayatha Kalam Palitani</i> (Untimely baldness) |

**Table no. 3 Interrelationship of Graha Rogas and Rakta Dhatu Pradoshaj Rogas as per Ayurveda**

| Sr | Chandra Graha Rogas<br>As Per Jyotish | Rakta Dhatu Pradoshaj Rogas<br>As Per Ayurveda |
|----|---------------------------------------|------------------------------------------------|
| 1  | <b>Kushata (skin diseases)</b>        | <b>Kushtha (Skin diseases)</b>                 |
| 2  | <b>Pitaka (papule, boil)</b>          | <b>Pidaka (Boils)</b>                          |
| 3  | <b>Kamala (Jaundice)</b>              | <b>Kamala (Hemolytic jaundice)</b>             |
| 4  | <b>Rakta-Vikara (blood disorders)</b> | <b>Raktapittam (Hemolysis)</b>                 |

|    |                                           |                                      |
|----|-------------------------------------------|--------------------------------------|
| 5  | <i>Nidra</i> (sleepiness)                 | <b>Asrukdara (Menorrhagia)</b>       |
| 6  | <i>Aalasya</i> (lassitude)                | <i>Visarpa</i> (Erisipals)           |
| 7  | <i>Kapharoga</i> (hyperlipidemic states)  | <i>Guda Paka</i> (Anal Abscess)      |
| 8  | <i>Agnimandya</i> (decreased in appetite) | <i>Aasya Paka</i> (Mouth abscess)    |
| 9  | <i>Atisara</i> (loose motions)            | <i>Pleeha</i> (Splenomegaly)         |
| 10 | <i>Sheeta Jwara</i> (fever with chill)    | <i>Raktaj Gulma</i> (Hematometra)    |
| 11 | <i>Balagraha</i> (microbial infections)   | <i>Vidradhi</i> (Abscesses)          |
| 12 |                                           | <i>Nilika</i> (Bluish discoloration) |
| 13 |                                           | <i>Vyanga</i> (Chloasma)             |
| 14 |                                           | <i>Tilakalaka</i> (Moles)            |
| 15 |                                           | <i>Dadru</i> (Ringworm)              |
| 16 |                                           | <i>Charmadala</i> (Psoriasis)        |
| 17 |                                           | <i>Shwitram</i> (Vitiligo)           |
| 18 |                                           | <i>Pama</i> (Scabies)                |
| 19 |                                           | <i>Kotha</i> (Urticaria)             |
| 20 |                                           | <i>Astramandalam</i> (Echymosis)     |

**Table no. 4 Interrelationship of Graha Rogas and Mamsa Dhatu Pradoshaj Rogas as per Ayurveda.**

| Sr | <b>Shani Graha Rogas<br/>As Per Jyotish</b>       | <b>Mamsa Dhatu Pradoshaj Rogas<br/>As Per Ayurveda</b> |
|----|---------------------------------------------------|--------------------------------------------------------|
| 1  | <i>Vata-Kaphaj Vikara</i>                         | <i>AdhiMamsa</i> (Gum Malignancy)                      |
| 2  | <i>Tandra</i> (drowsiness)                        | <i>Arbuda</i> (Malignant Tumour)                       |
| 3  | <i>Shrama</i> (fatigue)                           | <i>Keela</i> (Corn)                                    |
| 4  | <i>Bhranti</i> (vertigo)                          | <i>Gala Shaluka</i> (Adenoidal Growth)                 |
| 5  | <i>Kukshi Ruk</i> (pain in loins)                 | <i>Gala Shundika</i> (Uvular malignancy)               |
| 6  | <i>Pishacha Graha Pida</i> (microbial infections) | <i>Puti Mamsa</i> (Muscular Suppuration)               |
| 7  | of muscles, bones and brain).                     | <i>Alaji</i> (Cyst)                                    |

|  |  |                                                               |
|--|--|---------------------------------------------------------------|
|  |  | <i>Gandamala</i> (Lymphadenitis)<br><i>Upjivhika</i> (Ranula) |
|--|--|---------------------------------------------------------------|

**Table no. 5 Interrelationship of Graha Rogas and Meda Dhatu Pradoshaj Rogas as per Ayurveda**

| Sr | Guru Graha Rogas As Per Jyotish                                                        | Meda Dhatu Pradoshaj Rogas As Per Ayurveda |
|----|----------------------------------------------------------------------------------------|--------------------------------------------|
| 1  | <b><i>Gulma</i> (abdominal tumour)</b>                                                 | <b><i>Arbuda</i> (Tumour)</b>              |
| 2  | <b><i>Prameha</i> (diabetes)</b>                                                       | <b><i>Madhumeha</i> (Diabetes)</b>         |
| 3  | <b><i>Kapha Rogas</i> (hyperlipidimic diseases)</b>                                    | <b><i>Ati Sthaulya</i> (Obesity)</b>       |
| 4  | <i>Shoka</i> (depression)                                                              | <i>Ati Sweda</i> (Sweating)                |
| 5  | <i>Antra Jwara</i> (enteric fever)                                                     | <i>Granthi</i> (Cyst)                      |
| 6  | <i>Shrotra Rogas</i> (diseases of Ear)                                                 | <i>Vruddhi</i> (Growth)                    |
| 7  | <i>Kinnar Yaksha Deva Graha Pida</i> (microbial infections of gastrointestinal tract). | <i>Galaganda</i> (Goitre)                  |
| 8  |                                                                                        | <i>Medoj Aushthaprakopa</i> (Lip lipoma)   |

**Table no. 6 Interrelationship of Graha Rogas and Asthi Dhatu Pradoshaj Rogas as per Ayurveda**

| Sr | Surya Graha Rogas As Per Jyotish                  | Asthi Dhatu Pradoshaj Rogas As Per Ayurveda     |
|----|---------------------------------------------------|-------------------------------------------------|
| 1  | <b><i>Asthi vikara</i> (bone disorders)</b>       | <b><i>Adhi Aasti</i> (Extra bone)</b>           |
| 2  | <i>Druk Rogas</i> (Eye diseases)                  | <b><i>Asthi Bhedam Shoolam</i> (Arthralgia)</b> |
| 3  | <i>Twak/Kushtha dosham</i> (skin diseases)        | <i>Adhi Dantau</i> (Extra Tooth)                |
| 4  | <i>Jwara</i> (fever)                              | <i>Danta shoolam</i> (Dental pain)              |
| 5  | <i>Apasmara</i> (epilepsy)                        | <i>Kesha Dosha</i> (Hair disorders - alopecia)  |
| 6  | <i>Hritroga</i> (heart disorders)                 | <i>Nakha Dosha</i> (Nail brittleness etc)       |
| 7  | <i>Krod Rogas</i> (liver diseases)                | <i>Vivarnata</i> (Discolouration)               |
| 8  | <i>Bhuta avesha</i> (microbial infections)        |                                                 |
| 9  | <i>Patan</i> (fall from height/Traumatic disease) |                                                 |
|    | <i>Visha Vikara</i> (Poisoning)                   |                                                 |

**Table no. 7 Interrelationship of Graha Rogas and Majja Dhatu Pradoshaj Rogas as per Ayurveda**

| Sr | Mangal Graha Rogas<br>As Per Jyotish                                                   | Majja Dhatu Pradoshaj Rogas<br>As Per Ayurveda |
|----|----------------------------------------------------------------------------------------|------------------------------------------------|
| 1  | <b>Apasmara (epilepsy)</b>                                                             | <b>Bhramo (Vertigo)</b>                        |
| 2  | <i>Trishna</i> (thirst)                                                                | <b>Murchha (Fainting)</b>                      |
| 3  | <i>Rakta Prakopa</i> (vitiation of blood)                                              | <b>Adarshanam/TamaHa (Syncope)</b>             |
| 4  | <i>Pitta Jwara</i> (Inflammatory fevers)                                               | <i>Ruk Parwanam</i> (Joint pain)               |
| 5  | <i>Kushtha</i> (skin diseases)                                                         | <i>Arunsham Parwajanam</i> (Tophies on joints) |
| 6  | <i>Netra Roga</i> , (eye diseases)                                                     |                                                |
| 7  | <i>Gulma</i> (tumours)                                                                 |                                                |
| 8  | <i>Parushta</i> (dryness)                                                              |                                                |
| 9  | <i>Deha-bhanaga</i> (fractures)                                                        |                                                |
| 10 | <i>Raksha Gandharva Graha Rogas</i><br>(microbial infections of blood and bone marrow) |                                                |

**Table no. 8 Interrelationship of Graha Rogas and Shukra Dhatu Pradoshaj Rogas as per Ayurveda**

| Sr | Shukra Graha Rogas<br>As Per Jyotish                                            | Shukra Dhatu Pradoshaj Rogas<br>As Per Ayurveda                 |
|----|---------------------------------------------------------------------------------|-----------------------------------------------------------------|
| 1  | <b>Guhya Rogas (genital disorders)</b>                                          | <b>Klaibya (Impotence)</b>                                      |
| 2  | <b>Pandu (anemia)</b>                                                           | <b>Pandutwa ( Pallor )</b>                                      |
| 3  | <i>Aasya Vikara</i> (diseases of mouth)                                         | <i>Mukhashosha</i> (Atrophy of cheeks)                          |
| 4  | <i>Shrama</i> (fatigue)                                                         | <i>Shrama</i> (Fatigability)                                    |
| 5  | <i>Mutrakrichhra</i> (dysuria)                                                  | <i>Aharshanam</i> (Loss of libido)                              |
| 6  | <i>Shukra Struti</i> (premature ejaculations)                                   | <i>Shukra Avisarga</i> (Ejaculatory failure)                    |
| 7  | <i>Netra Vikara</i> (Ophthalmic diseases)                                       | <i>Daurbalya</i> (Weakness)                                     |
| 8  | <i>Kapha-Vataj Rogas</i>                                                        | <i>Rogi Wa Virupam</i> (Children affected with genetic defects) |
| 9  | <i>Yogini Matruka Graha Pida</i> (microbial infections of genito-urinary tract) | <i>Alpa Ayu Prajayate</i> (Children are short lived)            |
| 10 |                                                                                 |                                                                 |

|    |  |                                                     |
|----|--|-----------------------------------------------------|
| 11 |  | <i>Prastravati Patati</i> (Miscarriage & Abortions) |
| 12 |  | <i>Na Jayate Garbha</i> (Infertility)               |
| 13 |  | <i>Klibam Prajayate</i> (Impotency in offspring)    |
| 14 |  | <i>Apatyam Badhate</i> (Infertility in offspring)   |

**DISCUSSION:**

As per Ayurveda, Rasa-dhatu though flows in blood vessels, mainly is *Twakgata* i.e. mainly reflects in skin. Hence, Rasadhatu dushti is readily evident on skin. Anemia is one such condition where paleness is reflected on skin. Pandu (anemia) has been mentioned as the Rasa dhatu dushtijanya vikara in Ayurveda. Rasa dhatu as per Jyotish science is represented by Budha (mercury) planet and malefic effect of Budha also give rise to *Pandu* (anemia). As per Jyotish science, *Kushtha* (skin diseases) and *Vicharchika* (eczema) also manifest due to malefic effect of Budha which is quite obvious from the fact that Rasadhatu dushti mainly reflects in skin. Similarly, Jwara (fever) is also mentioned as one of the manifestation of Rasadhatu dushti by Ayurveda. In Jyotish science, also *Jwara* (fever) is mentioned as the malefic effect of Budha. Hence, there is similarity in the opinion of both the sciences. Ayurveda had mentioned many other gastrointestinal features of *Rasadusti* as being the first ever *dhatu* to be formed by Agni during metabolism. Jyotish science had

summarized these features by calling it as *Pitta Kapha janya vikaras* which covers almost all of them. *Pitta* represents the *Agni* and *Rasa dhatu* is mainly *Kaphaj* in nature. Thus, interrelation between the *Budha Graha* and *Rasa dhatu* is proved.

As per Ayurveda, *Rakta-dhatu* though flows in blood vessels and is formed in liver and spleen. In Jyotish science, *Rakta dhatu* is represented by *Chandra* (moon). One of the manifestation of *Rakta dhatu dushti* is *Kamala* (hemolytic jaundice). As per Jyotish science, also one of the malefic effect of *Chandra* is *Kamala* (hemolytic jaundice). *Kushtha* (skin diseases) and *Pitaka* (boil) are the common manifestation of *Rakta dushti* and malefic effect of moon mentioned by Ayurveda and Jyotish science respectively. Ayurveda had mentioned several other *Rakta dushtijanya vikaras* (diseases) which have been summarized by Jyotish science as *Raktajanya Vikaras* (blood disorders). Thus, interrelation between the *Chandra Graha* and *Rakta dhatu* is proved. In Jyotish science, *Shani* (Saturn) represents the *snayu*. Although, *Snayu* is correlated to

Mans Snayu but there is other class of Ayurvedic peoples, especially Bengal tradition, who correlate *snayu* with nerves. Hence, there is discrepancy in features related to this particular graha and the *dhatu* it represent. In Ayurveda, mainly Mans *Dhatu Pradhan vikruti* like *Arbuda* (tumour), *Granthi* (Cyst) etc are mentioned whereas in Jyotish science, the neurological abnormalities are attributed to malefic *Shani*. Also from Jyotishiya point of view, *Shani* is *Vata Pradhan* and gaseous in nature. As per Ayurveda, *Vata* causes nerve disorders like paralysis etc. In this context, there is relation between *Shani* and *Vatapradhan majja snayu* or *Mamsa snayu vikruti*.

As per Ayurveda the *Ashraysthana* of *Vata* is *Asthi*. Hence, vitiated *Vata* also causes diseases of bones and joints. As per Jyotish book, *Gadavali*, malefic *Shani* also leads to *Sandhigat Vikaras* (joint disorders). In Jyotish science, *Meda dhatu* is represented by *Guru* (Jupiter). One of the manifestation of *Meda dhatu dushti* is *Prameha* (Diabetes). As per Jyotish science, also one of the malefic effect of *Guru* is *Prameha* (Diabetes). *Arbuda/Gulma* (Tumour) is the other common manifestation of *Meda dushti* and malefic effect of *Guru* mentioned by Ayurveda and Jyotish science

respectively. In Jyotish science, malefic *Guru* is the *karaka* (leads to) of *sthulata* (obesity) which is also endorsed by the Ayurveda by calling it a *medojanya Vikara*. Ayurveda had mentioned several other *Meda dushtijanya vikaras* (Dislipidemic diseases) which have been summarized by Jyotish science as *Kaphajanya Vikaras* (Hyperlipidemic states). Thus, interrelation between the *Guru Graha* and *Meda dhatu* is proved.

In Jyotish science, *Asthi dhatu* is represented by *Surya* (Sun). One of the manifestation of *Asthi dhatu dushti* is *Adhi Asthi* and *Asthi Bheda* (Bone deformity and bone pain). As per Jyotish science, one of the malefic effect of *Surya* is *Asthi Vikaras* (Bone disorders) which encompasses wide range of bone disorders. Ayurveda had mentioned several other *Asthi dushtijanya vikaras* (bone diseases) which have been summarized by Jyotish science as *Asthi Vikaras* (Bone disorders). Thus, interrelation between the *Surya Graha* and *Asthi dhatu* is proved. In Jyotish science, *Majja dhatu* is represented by *Mangal* (Mars). One of the manifestation of *Majja dhatu dushti* is *Murchha* and *Bhrama* (Fainting and vertigo). As per Jyotish science, also one of the malefic effect of *Mangal* is *Apasmara* (Convulsion and fall). As per Ayurveda, *Bhrama* and *Murchha*

are *Pittaj* diseases. One of the manifestation of malefic *Mangal* is severe Trishna (thirst) which is again feature of aggravated *Pitta* as per Ayurveda. As per Jyotish science, malefic *Mangal* causes *Pittajanya vikaras*. Thus, interrelation between the *Mangal Graha* and *Majja dhatu* is proved.

In Jyotish science, *Shukra dhatu* is represented by *Shukra* (Venus). One of the manifestation of *Shukra dhatu dushti* is *Pandu* (anemia). As per Jyotish science, also one of the malefic effect of *Shukra* is *Pandu* (anemia). Whereas Ayurveda mentions *Klaibya* (impotence) as manifestation of *Shukra dhatu dushti*, Jyotish science had mentioned *Guhya rogas* (Genital disorders) as the effect of malefic *Shukra*. *Guhya rogas* is broad term used to include all types of Genital disorders. *Shrama* (Fatigue) is the common symptom mentioned by Ayurveda and Jyotish science of *Shukra dushti* and malefic *Shukra* respectively. Ejaculatory failure or premature ejaculation are the features mentioned by Ayurveda and Jyotish science of *Shukra dushti* and malefic *Shukra* respectively. *Mutrakrichhra* (dysuria) is a obvious feature of malefic *shukra* mentioned by Jyotish science. As per Jyotish book Gadavali, the malefic *Shukra* also leads to the *Ganikottha Vikaras* (sexually transmitted

diseases). Thus, interrelation between the *Shukra Graha* and *Shukra dhatu* is proved. Thus, interrelation between the *Shukra Graha* and *Shukra dhatu* is proved.

### CONCLUSIONS

1. There exists a relationship between malefic *Budha* (Mercury) induced diseases and *Rasa Dhatu* (Plasma) *dushti* induced diseases.
2. There exists a relationship between malefic *Chandra* (Moon) induced diseases and *Rakta Dhatu* (Blood) *dushti* induced diseases.
3. There exists a relationship between malefic *Shani* (Saturn) induced diseases and *Mamsa Dhatu* (Muscle) *dushti* induced diseases.
4. There exists a relationship between malefic *Guru* (Jupiter) induced diseases and *Meda Dhatu* (Fat) *dushti* induced diseases.
5. There exists a relationship between malefic *Surya* (Sun) induced diseases and *Asthi Dhatu* (Bone) *dushti* induced diseases.
6. There exists a relationship between malefic *Mangal* (Mars) induced diseases and *Majja Dhatu* (Bone marrow) *dushti* induced diseases.
7. There exists a relationship between malefic *Shukra* (Venus) induced diseases and *Shukra Dhatu* (Semen) *dushti* induced diseases.

### **Financial support and sponsorship**

Nil.

### **Conflicts of interest**

Nil.

**REFERENCES**

1. Acharya Vidyadhar Shukla, Ravidutta Tripathi, '**Charak samhita**' of acharya Charak and agnivesha, Sutrasthana 28/9-10, hindi translation, 1<sup>st</sup> edition, Vol. 1, published by Chaukhamba Sanskrit Pratishthan, 4360/4, ansari road, Daryaganj, New Delhi – 110 002, 2019, pg. 429-430
2. Acharya Vidyadhar Shukla, Ravidutta Tripathi, '**Charak samhita**' of acharya Charak and agnivesha, Sutrasthana 28/11, hindi translation, 1<sup>st</sup> edition, Vol. 1, published by Chaukhamba Sanskrit Pratishthan, 4360/4, ansari road, Daryaganj, New Delhi – 110 002, 2019, pg. 429-430
3. Acharya Vidyadhar Shukla, Ravidutta Tripathi, '**Charak samhita**' of acharya Charak and agnivesha, Sutrasthana 28/14, hindi translation, 1<sup>st</sup> edition, Vol. 1, published by Chaukhamba Sanskrit Pratishthan, 4360/4, ansari road, Daryaganj, New Delhi – 110 002, 2019, pg. 429-430
4. Dr. Anantram Sharma,' **Sushrut Samhita**' of acharya Sushruta, sutrasthana 24/9, edited and translated in hindi by Atrideva, 5<sup>th</sup> edition, Vol.1, published by Chaukhamba Surbharati Publication, Gopal Mandir lane, Varanasi-221001, 2017, pg.205
5. Acharya Vidyadhar Shukla, Ravidutta Tripathi, '**Charak samhita**' of acharya Charak and agnivesha, Sutrasthana 28/16, hindi translation, 1<sup>st</sup> edition, Vol. 1, published by Chaukhamba Sanskrit Pratishthan, 4360/4, ansari road, Daryaganj, New Delhi – 110 002, 2019, pg. 429-430
6. Acharya Vidyadhar Shukla, Ravidutta Tripathi, '**Charak samhita**' of acharya Charak and agnivesha, Sutrasthana 28/17, hindi translation, 1<sup>st</sup> edition, Vol. 1, published by Chaukhamba Sanskrit Pratishthan, 4360/4, ansari road, Daryaganj, New Delhi – 110 002, 2019, pg. 429-430
7. Acharya Vidyadhar Shukla, Ravidutta Tripathi, '**Charak samhita**' of acharya Charak and agnivesha, Sutrasthana 28/18, hindi translation, 1<sup>st</sup> edition, Vol. 1, published by Chaukhamba Sanskrit Pratishthan, 4360/4, ansari road, Daryaganj, New Delhi – 110 002, 2019, pg. 429-430
8. Pt. Padmanabh Sharma, **Brihat Parashar Horashastra** of acharya Parashara, Grahaguna Swarupadhyay 3/32, hindi

- translation, 1<sup>st</sup> edition published by Chaukhamba Surbharati Prakshan, Varanasi -221 001, 2018, pg. 10
9. Harishankar Pathak, '**Faladipika**' of Mantreshwara, 14/2 , 1<sup>st</sup> edition, hindi translation, published by Chaukhamba Surabharati, Varanasi – 221001, pg. 159-161
  10. Shukadeva Chaturvedi and jagannath Bhasin, '**Prashna Marga**' of Nambudri Brahmana, 12/67, edited and translated in hindi by, 1<sup>st</sup> edition published by Ranjan Publications, 16, Ansari Road, Dariyaganj, New Delhi – 110 002, 2009 , pg. 186-188
  11. Harishankar Pathak, '**Faladipika**' of Mantreshwara, 14/3 , 1<sup>st</sup> edition, hindi translation, published by Chaukhamba Surabharati, Varanasi – 221001, pg. 159-161
  12. Shukadeva Chaturvedi and jagannath Bhasin, '**Prashna Marga**' of Nambudri Brahmana, 12/68, 1<sup>st</sup> edition , edited and translated in hindi by, published by Ranjan Publications, 16, Ansari Road, Dariyaganj, New Delhi – 110 002, 2009 , pg. 186-188
  13. Harishankar Pathak, '**Faladipika**' of Mantreshwara, 14/4, 1<sup>st</sup> edition, hindi translation, published by Chaukhamba Surabharati, Varanasi – 221001, pg. 159-161
  14. Shukadeva Chaturvedi and jagannath Bhasin, '**Prashna Marga**' of Nambudri Brahmana, 12/69, 1<sup>st</sup> edition , edited and translated in hindi by, published by Ranjan Publications, 16, Ansari Road, Dariyaganj, New Delhi – 110 002, 2009 , pg. 186-188
  15. Harishankar Pathak, '**Faladipika**' of Mantreshwara, 14/5 1<sup>st</sup> edition, hindi translation, published by Chaukhamba Surabharati, Varanasi – 221001, pg. 159-161
  16. Shukadeva Chaturvedi and jagannath Bhasin, '**Prashna Marga**' of Nambudri Brahmana, 12/70, 1<sup>st</sup> edition , edited and translated in hindi by, published by Ranjan Publications, 16, Ansari Road, Dariyaganj, New Delhi – 110 002, 2009 , pg. 186-188
  17. Harishankar Pathak, '**Faladipika**' of Mantreshwara, 14/6 ,1<sup>st</sup> edition, hindi translation, published by Chaukhamba Surabharati, Varanasi – 221001, pg. 159-161
  18. Shukadeva Chaturvedi and jagannath Bhasin, '**Prashna Marga**' of Nambudri Brahmana, 12/71, 1<sup>st</sup> edition, edited and

- translated in hindi by, published by Ranjan Publications, 16, Ansari Road, Dariyaganj, New Delhi – 110 002, 2009 , pg. 186-188
19. Harishankar Pathak, '**Faladipika**' of Mantreshwara, 14/6 , 1<sup>st</sup> edition, hindi translation, published by Chaukhamba Surabharati, Varanasi – 221001, pg. 159-161
  20. Shukadeva Chaturvedi and jagannath Bhasin, '**Prashna Marga**' of Nambudri Brahmana, 12/72, 1<sup>st</sup> edition ,edited and translated in hindi by, published by Ranjan Publications, 16, Ansari Road, Dariyaganj, New Delhi – 110 002, 2009 , pg. 186-188
  21. Pt. Chakradhar Joshi, **Gadavali**, 1/12, ,Gadavali 1/12 hindi translation, 1<sup>st</sup> edition, published by Himalayan Astrological Research Institute, Badrinath -246 422, 1958, pg. 5
  22. Harishankar Pathak, '**Faladipika**' of Mantreshwara, 14/8, 1<sup>st</sup> edition, hindi translation, published by Chaukhamba Surabharati, Varanasi – 221001, pg. 159-161
  23. Shukadeva Chaturvedi and jagannath Bhasin, '**Prashna Marga**' of Nambudri Brahmana, 12/73 edited and translated in hindi by, 1<sup>st</sup> edition published by Ranjan Publications, 16, Ansari Road, Dariyaganj, New Delhi – 110 002, 2009 , pg. 186-188
  24. Pt. Chakradhar Joshi, **Gadavali**, 1/12, ,Gadavali 1/12 hindi translation, 1<sup>st</sup> edition, published by Himalayan Astrological Research Institute, Badrinath -246 422, 1958, pg. 5
  25. Harishankar Pathak, '**Faladipika**' of Mantreshwara, 14/9, 1<sup>st</sup> edition, hindi translation, published by Chaukhamba Surabharati, Varanasi – 221001, pg. 159-161
  26. Shukadeva Chaturvedi and jagannath Bhasin, '**Prashna Marga**' of Nambudri Brahmana, 12/734, 1<sup>st</sup> edition , edited and translated in hindi by, published by Ranjan Publications, 16, Ansari Road, Dariyaganj, New Delhi – 110 002, 2009 , pg. 186-188
  27. Dr. Sureshchandra Mishra, **Saravali** of Kalyan Verma , hindi translation 1/5, 1<sup>st</sup> edition, published by Ranjan publications, 16, Ansari Road, Dariyaganj, New Delhi 110 002, 2011, pg.27
  28. Dr. Harishankar Pathak, '**Jatak Parijat**' of Daivagya Vaidyanath, 2/83, hindi translation , 1<sup>st</sup> edition, published by

Chaukhamba Surabharati, Varanasi –  
221001, 2012, pg. 3

© 2020 IJIM (An International Journal of Indian Medicine | Official publication of Ayurveda Research & Career Academy.